Langevin description of speckle dynamics in nonlinear disordered media

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We formulate a Langevin description of dynamics of a speckle pattern resulting from the multiple scattering of a coherent wave in a nonlinear disordered medium. The speckle pattern exhibits instability with respect to periodic excitations at frequencies $\Omega$ below some $\Omega_{\text{max}}$, provided that the nonlinearity exceeds some $\Omega$-dependent threshold. A transition of the speckle pattern from a stationary state to the chaotic evolution is predicted upon increasing nonlinearity. The shortest typical time scale of chaotic intensity fluctuations is of the order of $1/\Omega_{\text{max}}$.

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Propagation of a coherent wave in a disordered medium is diffusive if $\lambda \ll l \ll L$, where $\lambda$ is the wavelength, $l$ is the mean free path, and $L$ is the size of the medium [1]. While the wave undergoes multiple scattering, and the spatial distribution of the scattered intensity looks quite irregular (speckle pattern), the coherence of the wave is not destroyed and various coherent phenomena can be observed: enhanced backscattering, short- and long-range intensity correlations, universal conductance fluctuations, etc. (see Refs. [1–3] for reviews). Available studies of nonlinear phenomena for diffuse waves include calculations of the enhanced backscattering cone at fundamental [4] and doubled [5] frequencies, investigations of optical phase conjugation [6], studies of correlations in transmission and reflection coefficients of the second harmonic [7] and fundamental [8] waves, an extension of the standard diagrammatic technique to nonlinear disordered media [9], and a study of persistent hole burning in multiple-scattering media [10].

After realizing that the sensitivity of the speckle pattern to changes of the scattering potential diverges for a sufficiently strong nonlinearity [11], a new phenomenon, the temporal instability of the multiple-scattering speckle pattern in a disordered medium with cubic nonlinearity, has recently been predicted [12]. The speckle pattern is expected to become unstable and to exhibit spontaneous fluctuations if the nonlinearity exceeds some critical value. Although of primary importance in view of the possible experimental observation of the instability phenomenon, the dynamics of spontaneous intensity fluctuations, their nature, and associated characteristic time scales have not yet been studied up to now.

In the present paper we formulate the dynamic Langevin description of spontaneous intensity fluctuations in a nonlinear disordered medium. Our theoretical method can be viewed as an extension of the stationary Langevin approach introduced in Ref. [11], the latter being inadequate to describe the dynamics of speckles. Analysis of the speckle pattern stability with respect to weak periodic excitations shows that if the effective nonlinearity parameter $p = \Delta n^2 (L/l)^3$ exceeds some critical value $p_c \simeq 1$ (where $\Delta n$ is the typical value of the nonlinear correction to the refractive index), the speckle pattern becomes unstable with respect to periodic excitations at frequencies inside some limited low-frequency interval, and the maximal Lyapunov exponent becomes positive. This allows us to describe the chaotic nature of spontaneous intensity fluctuations beyond the absolute instability threshold $p = p_c$ and to estimate their characteristic time scale.

We consider a scalar wave propagating in a nonlinear disordered medium and described by the following wave equation:

$$
\nabla^2 - \frac{1}{c^2} \frac{\partial^2}{\partial t^2} [1 + \varepsilon(r,t) + \varepsilon_2 |\psi(r,t)|^2] \psi(r,t) = J(r,t),
$$

(1)

where $J(r,t) = J_0(r) \exp(-i \omega_0 t)$ is a monochromatic source term, $c$ denotes the speed of wave in the average medium, $\varepsilon(r,t)$ is the fractional fluctuation of the dielectric constant at frequency $\omega_0$ (possibly slowly varying in time), and $\varepsilon_2$ is a nonlinear constant. Equation (1) describes, e.g., propagation of optical waves in media with intensity-dependent refractive index [13] in the scalar approximation and neglecting the generation of the third optical harmonics. The latter assumption is justified in the absence of phase matching [13]; or more precisely, when $|k(3\omega_0) - 3k(\omega_0)]/l| \gg 1$, where $k(\omega)$ is the wave number at frequency $\omega$.

Consider first a linear medium ($\varepsilon_2 = 0$) of typical size $L$ and a white-noise Gaussian disorder $\langle \varepsilon(r,t) \varepsilon(r',t') \rangle = 4 \pi/(k_D^2) \delta(r-r')$, where $k_D = k(\omega_0)/c$. Let the time variations of $\varepsilon(r,t)$ be random, stationary, and arbitrary slow, so that the time scale of the resulting variations of the amplitude $\varphi(r,t)$ of $\psi(r,t) = \varphi(r,t) \exp(-i \omega_0 t)$ is much larger than the typical time between two successive scattering events $l/c$. For $L \gg l$ and far enough from the boundaries of the disordered sample, the average intensity $\langle I(r) \rangle$ then obeys the diffusion equation [14], while the long-range correlation of intensity fluctuations $\delta I(r,t) = I(r,t) - \langle I(r) \rangle$ can be found by solving the Langevin equation [15]

$$
\frac{\partial}{\partial t} \delta I(r,t) - D \nabla^2 \delta I(r,t) = -\nabla \cdot j_{\text{ext}}(r,t),
$$

(2)

where $I(r,t) = |\varphi(r,t)|^2$, $D = cl/3$ is the diffusion constant, and $j_{\text{ext}}(r,t)$ are random external Langevin currents.

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where the spatial integral is over the volume $\Omega$. We neglect the terms of the second and higher orders in $j$, as expected.

The diagrams contributing to Eqs. (3) and (5) are shown in Fig. 1(a). For a given $J_0(t)$, the current $\mathbf{j}_{\text{ext}}(\mathbf{r},t)$ is a "fingerprint" of the disorder $\varepsilon(\mathbf{r},t)$. An infinitesimal variation $\Delta \varepsilon(\mathbf{r},t)$ of the dielectric constant will modify $\mathbf{j}_{\text{ext}}(\mathbf{r},t)$ by a small amount,

$$\Delta \mathbf{j}_{\text{ext}}(\mathbf{r},t) = \int_V d^3 \mathbf{r}^\prime \int_0^1 dt^\prime q(\mathbf{r},\mathbf{r}^\prime, t-t^\prime) \Delta \varepsilon(\mathbf{r}^\prime, t^\prime),$$

where the spatial integral is over the volume $V$ of the sample; we neglect the terms of the second and higher orders in $\Delta \varepsilon(\mathbf{r},t)$, and the correlation of random response functions $q(\mathbf{r},\mathbf{r}^\prime, t-t^\prime) = \delta \mathbf{j}_{\text{ext}}(\mathbf{r},t) / \delta \varepsilon(\mathbf{r}^\prime, t^\prime)$ can be found by a functional differentiation of Eq. (3):

$$q^{(ij)}(\mathbf{r},\mathbf{r}^\prime, t-t^\prime) = \frac{\partial}{\partial \varepsilon} (\mathbf{j}_{\text{ext}}(\mathbf{r},t) \mathbf{j}_{\text{ext}}(\mathbf{r}^\prime, t^\prime)) = \frac{\partial}{\partial \varepsilon} \left[ \int_0^1 dt^\prime \mathbf{j}_{\text{ext}}(\mathbf{r},t) \mathbf{j}_{\text{ext}}(\mathbf{r}^\prime, t^\prime) \right].$$

Here $|\mathbf{r}-\mathbf{r}^\prime|$, $|\mathbf{r}'-\mathbf{r}|$, $|\mathbf{r}^\prime-\mathbf{r}^\prime|\gg l$ are assumed, and $G(\mathbf{r},\mathbf{r}^\prime; \Delta t)$ is the Green’s function of Eq. (2). The diagrams contributing to Eq. (5) are shown in Figs. 1(b,c). In the stationary limit $\Delta \varepsilon(\mathbf{r},t) = \Delta \varepsilon(\mathbf{r})$, Eqs. (4) and (5) reduce to Eqs. (6) and (7) of Ref. [11].

The Langevin description of intensity fluctuations in disordered media can be extended to the nonlinear case ($\varepsilon_2 \neq 0$). To this end, we consider time-independent $\varepsilon(\mathbf{r},t) = \varepsilon(\mathbf{r})$, and assume that the diffusion constant $D$ and the mean free path $l$ are not affected by the nonlinearity. The latter assumption is valid if $\Delta n^2 \kappa_0 \ll 1$, where $\Delta n = (\varepsilon_2/2)l_0$ is the typical value of the nonlinear correction to the refractive index and $l_0 = \langle I(\mathbf{r}) \rangle$ is the typical value of the average intensity in the medium. We now admit that in a nonlinear medium, the total dielectric constant contains a linear contribution $1 + \varepsilon(\mathbf{r})$ that we assumed to be time independent, and a nonlinear contribution $\varepsilon_2 I(\mathbf{r},t)$ that can vary with time. The variation of the total dielectric constant can be therefore due to its nonlinear part, and we can identify the infinitesimal variation of the dielectric constant $\Delta \varepsilon(\mathbf{r}^\prime, t^\prime)$ in Eq. (4) with $\varepsilon_2 \Delta I(\mathbf{r}^\prime, t^\prime)$, where $\Delta I(\mathbf{r}^\prime, t^\prime)$ is the change of the intensity at $\mathbf{r}^\prime$ during some infinitesimal time interval $(t^\prime, t^\prime + \delta t)$: $\Delta I(\mathbf{r}^\prime, t^\prime) = I(\mathbf{r}^\prime, t^\prime + \delta t) - I(\mathbf{r}^\prime, t^\prime)$. Substituting $\Delta \varepsilon(\mathbf{r}^\prime, t^\prime) = \varepsilon_2 \Delta I(\mathbf{r}^\prime, t^\prime)$ into Eq. (4), noting that $\Delta \mathbf{j}_{\text{ext}}(\mathbf{r},t) = \mathbf{j}_{\text{ext}}(\mathbf{r},t + \delta t) - \mathbf{j}_{\text{ext}}(\mathbf{r},t)$, and dividing both sides of the resulting equation by $\delta t \rightarrow 0$, we obtain the following dynamic equation:

$$\frac{\partial}{\partial t} \mathbf{j}_{\text{ext}}(\mathbf{r},t) = \varepsilon_2 \int_V d^3 \mathbf{r}^\prime \int_0^t d\tau q(\mathbf{r},\mathbf{r}^\prime, \tau) \frac{\partial}{\partial t} \delta \varepsilon(\mathbf{r}^\prime, t - \tau),$$

where we make use of the fact that $I(\mathbf{r},t) = \langle I(\mathbf{r}) \rangle + \delta I(\mathbf{r},t)$, and hence $\Delta I(\mathbf{r},t) = \Delta \langle I(\mathbf{r}) \rangle$, since $\langle I(\mathbf{r}) \rangle$ is time independent.

Equations (2) and (6) form a self-consistent system of equations: Eq. (2) governs the spatiotemporal evolution of the intensity fluctuations $\delta \varepsilon(\mathbf{r},t)$ due to the Langevin currents $\mathbf{j}_{\text{ext}}(\mathbf{r},t)$, while Eq. (6) describes the distributed feedback mechanism, leading to variations of $\mathbf{j}_{\text{ext}}(\mathbf{r},t)$ depending on the changes of $\delta \varepsilon(\mathbf{r},t)$. Note that Eq. (6) is a linearized equation: only the terms linear in the nonlinear contribution to the dielectric constant $\varepsilon_2 I(\mathbf{r},t)$ are kept, which is justified as long as $\varepsilon_2 I(\mathbf{r},t) \ll 1$. In certain circumstances (see below), the linearized nature of Eq. (6) may result in the exponential growth of its solution with time, and in this sense Eqs. (2) and (6) are analogous to the equations of linear stability analysis commonly used to study the stability of nonlinear systems (see, e.g., Refs. [16] and [17] for examples of nonlinear optical systems exhibiting instabilities). Hence, although Eqs. (2) and (6) allow us to study the stability of the speckle pattern and the characteristic time scales of spontaneous intensity fluctuations beyond the instability threshold, they cannot be used to determine the amplitude of these fluctuations.

Consider now an infinitesimal periodic excitation of the static speckle pattern: $\delta \varepsilon(\mathbf{r},t) = \delta I(\mathbf{r},t) \exp(i\omega t)$, where $\omega = \Omega - i\Lambda \neq 0$ and $\Omega > 0$. Such an excitation can be either damped or amplified, depending on the sign of the Lyapunov exponent $\Lambda$. The value of $\Lambda$ is determined by two competing processes: on the one hand, diffusion tends to smear the excitation out, while on the other hand, the distributed feedback sustains its existence. The mathematical description of this competition is provided by Eqs. (2) and (6), which after the
moderate frequency
Here "experience" the presence of the boundaries and the shape
of the sample. Using the analytic expression for the function $F(\Omega/\Omega_D, \lambda/\Omega_D)$ derived in the Appendix, we find $p-1 \sim (\Omega/\Omega_D)^{1/\alpha}$ with $\alpha=1/2$. This yields $\Lambda_{\text{max}} \sim \Omega_D (p-1)^{\alpha}$, and the shortest typical time scale $\tau$ of spontaneous intensity fluctuations can be estimated as $\tau \sim \Lambda_{\text{max}} \sim \Omega_D^{-1} (p-1)^{\alpha}$. At high frequencies $\Omega \gg \Omega_D$, we find $p-1 \sim (\Omega/\Omega_D)^{1/2}$, $\Lambda_{\text{max}} \sim \Omega_D (p-1)^{\alpha}$, and $\tau \sim \Omega_D^{1/2} (p-1)^{\alpha}$. The latter results, on the contrary, are weakly sensitive to the peculiarities of the sample, since for the fast oscillations the feedback mechanism is due to relatively short diffusion paths that do not reach the boundaries of the sample.

The rise of the instability threshold with $\Omega$ can be qualitatively understood by considering the phase difference $\Delta \phi(\Delta t)$ between two waves traveling through the disordered sample along the same diffusion path but separated in time by $\Delta \tau \sim 1/\Omega$. If $\epsilon(r,t)$ changes slowly with time, $\Delta \phi(\Delta t)$ comprises two contributions: $\Delta \phi_L(\Delta t)$, which is the phase difference in a linear medium, and $\Delta \phi_N(\Delta t)$, which is the additional phase difference due to the nonlinearity. The second moment of the latter is

$$\langle \Delta \phi_N^2(\Delta t) \rangle \sim \frac{k_0^2 s^2}{\lambda^2} \int_0^s \int_0^s \langle \Delta I(r_1, \Delta t) \Delta I(r_2, \Delta t) \rangle,$$

(8)

where $s$ is a curvilinear coordinate of the point $r_i$, the integrals are along the diffusion path of typical length $s \sim \lambda^2/\lambda_D$, and $\Delta I(r, \Delta t)$ denotes the change of the intensity at $r$ during the time $\Delta t$. For $\Omega \ll \Omega_D$, we can assume that $\langle \Delta I(r_1, \Delta t) \Delta I(r_2, \Delta t) \rangle \sim \langle \Delta \phi_L^2(\Delta t) \rangle \langle \delta I(r_1, 0) \delta I(r_2, 0) \rangle$ [11]. Taking $\langle \Delta \phi_N^2(\Delta t) \rangle \simeq \langle \Delta \phi_L^2(\Delta t) \rangle$ to be the instability condition for the excitation of the speckle pattern at frequency $\Omega$, and noting that $\langle \delta I(r_1, 0) \delta I(r_2, 0) \rangle \sim I_0^2/k_0^2 |r_1 - r_2|^2$ [15], we recover $p \geq 1$ as the instability criterion. If $\Omega \gg \Omega_D$, the long-range intensity correlation establishes only for $|r_1 - r_2| \leq (D \Delta t)^{1/2}$, and the instability condition becomes $p \geq (\Omega/\Omega_D)^{1/2} \simeq 1$.

The positive sign of the maximal Lyapunov exponent $\Lambda_{\text{max}}$ for $p > 1$ (solid line in the inset of Fig. 3), as well as the continuous spectrum $0 < \Omega < \Omega_{\text{max}}$ of frequencies with

FIG. 2. Surface describing the stability of the multiple-scattering speckle pattern in a nonlinear disordered medium with open boundaries. At given effective nonlinearity parameter $p$ and frequency $\Omega$, the surface defines the Lyapunov exponent $\Lambda$. If $\Lambda > 0$, the speckle pattern is unstable with respect to periodic excitations at frequency $\Omega$.

FIG. 3. Main plot: frequency-dependent “phase diagram” of the multiple-scattering speckle pattern in a nonlinear disordered medium with open (solid line) or reflecting (dashed line) boundaries. For a given $\Omega$, $p$ should exceed the plotted threshold value for the instability to develop. Inset: maximal Lyapunov exponent as a function of the effective nonlinearity parameter $p$. The dotted lines show $\Lambda_{\text{max}} = 0$ and $p = 1$. 
A > 0, are hallmarks of chaotic behavior [18]. A sharp transition of the speckle pattern to chaos at \( p = 1 \) is reminiscent of the behavior observed in nonlinear systems with large (infinite) number of degrees of freedom (e.g., random neural networks with an infinitely large number of nodes [19]), and should be contrasted to the “route to chaos” through a sequence of bifurcations, characteristic of low-dimensional nonlinear systems [18]. As one can see from Fig. 3, the scaling of \( \Lambda_{max} \) with \( p - 1 \) appears to be roughly linear for \( |p - 1| \ll 1: \Lambda_{max} \sim \Omega_D(p-1)^\beta \) with \( \beta \approx 1 \).

To demonstrate the sensitivity of the results obtained for \( \Omega \ll \Omega_D \) to the peculiarities of the disordered sample, we briefly consider a sample with reflecting boundaries (dashed lines in Fig. 3). All calculations can be carried out in the same way as for the sample with open boundaries (see the Appendix), assuming that the Green’s function of Eq. (2) is approximately the same as in the infinite medium: \( G(r, r_1; \Delta t) = G_0(r, r_1; \Delta t) \). We find that the absolute instability threshold \( p_c \) is roughly two times lower than in the open geometry, \( \alpha = \beta = 2 \), and \( \Lambda_{max} = 0 \) for \( p < p_c \). For an arbitrary sample of disordered nonlinear medium, we expect \( \Omega_{max} = \Omega_D p(p - p_c)^\alpha \) and \( \Lambda_{max} = \Omega_D (p - p_c)^\beta \) for \( p - p_c \ll 1 \) and \( p > p_c \), where \( p_c \approx 1, 1/2 \leq \alpha \leq 2, \) and \( 1 \leq \beta \leq 2 \). By analogy [18] with the theory of phase transitions, \( \Lambda_{max} \) and \( \beta \) can be identified with the order parameter and the critical exponent, respectively.

Finally, it is worthwhile to note that Eqs. (2) and (6) can also be derived from a time-dependent disordered nonlinear Schrödinger equation with a potential \( u(r) + \frac{g}{2} |\psi(r, t)|^2 \).

Upon the substitutions \( a_0 \rightarrow -E / \hbar, \ k_0^2 \rightarrow 2mE / \hbar^2, \ e\psi(r) \rightarrow [ -u(r) / E ] , \) and \( e^2 \rightarrow (g / E) \) [where \( E \) is the energy of the incident Schrödinger wave, \( m \) is the particle mass, \( u(r) \) is the disordered potential, and \( g \) is the nonlinear constant], our analysis is therefore valid in this case too. The analogy between the wave equation (1) and the Schrödinger equation is known for the stationary case, where the solution \( \psi(r, t) \) can be represented as \( \psi_0(r) \exp(-i\omega t) \). However, the dynamic solutions of the two equations differ due to different dispersion relations. Although the present paper deals with dynamic speckle patterns, their temporal fluctuations are assumed to be slow, and the analogy between the wave and Schrödinger equations is recovered within the accuracy of our analysis.

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**APPENDIX: DERIVATION OF EQ. (7)**

In this Appendix, we provide a derivation of Eq. (7) from Eqs. (2) and (6). Substituting \( \delta \tilde{I}(r, \nu) \rightarrow \delta \tilde{I}(r, \nu) \exp(i\nu t) \) and \( \delta \tilde{I}(r, \nu) = \delta \tilde{I}(r, \nu) \exp(i\nu t) \) into the two latter equations, we obtain

\[
iv \delta \tilde{I}(r, \nu) - D \nabla^2 \delta \tilde{I}(r, \nu) = -\nabla \cdot j_{ext}(r, \nu),
\]

(A1)

If \( \nu = 0 \), Eq. (A2) is trivial and the statistical properties of \( j_{ext}(r, \nu) \) are determined by Eq. (3) with \( t = t_1 \), the same equation as in the case of the linear medium, while the static, time-independent part of the intensity fluctuation \( \delta \tilde{I}(r, \nu) \) is found by solving the stationary Langevin equation [Eq. (A1) with \( \nu = 0 \)]. Hence, the time-independent part of the speckle pattern remains the same as in the linear medium. If, in contrast, \( \nu \neq 0 \) (as we assume in the main text), we divide both sides of Eq. (A2) by \( iv \), multiply the \( \nu \)th Cartesian component of the resulting equation by the \( \nu \)th Cartesian component of a similar equation for \( j_{ext}(r_1, \nu) \), and average the result over disorder. This yields

\[
\langle j^{(i)}_{ext}(r, \nu) j^{(j)}_{ext}(r_1, \nu) \rangle = \frac{2}{e^2} \int_0^{\infty} d\delta t \int_0^{\infty} d\delta t_1 \langle \delta \tilde{I}(r, \nu) \delta \tilde{I}^*(r_1, \nu) \rangle \times \exp(-iv\Delta t) \]

\[
\times \exp(-iv\Delta t + iv^*\Delta t_1),
\]

(A3)

where \( \langle q(q_{r1}, \Delta t)q(q_{r1}, \Delta t) \rangle \rangle \) denotes the \( \nu \)th Cartesian component of \( j_{ext}(r, \nu) \). After the substitution of Eq. (5) for

\[
\langle q(q_{r1}, \Delta t)q(q_{r1}, \Delta t) \rangle \rangle \]

the time integrations in Eq. (A3) yield

\[
\langle j^{(i)}_{ext}(r, \nu) j^{(j)}_{ext}(r_1, \nu) \rangle = A(r, \nu) \delta_{ij} \delta(r - r_1),
\]

(A5)

where

\[
A(r, \nu) = 3 \pi D^2 (c^2 / \ell) e^2 \int_0^{\infty} d\delta t \int_0^{\infty} d\delta t_1 \langle \delta \tilde{I}(r, \nu) \delta \tilde{I}^*(r_1, \nu) \rangle \times \langle \delta \tilde{I}(r_1, \nu) \rangle \rangle \times \delta(r - r_1).
\]

(A6)
In the following, we replace both $\langle I(\mathbf{r}) \rangle$ and $A(\mathbf{r}, \nu)$ by their spatial averages $I_0$ and $A(\nu)$, respectively. This simplifies the further analysis considerably, while can only affect the final result by a numerical factor of order unity, since $\langle I(\mathbf{r}) \rangle$ and $A(\mathbf{r}, \nu)$ do not change significantly as long as the point $\mathbf{r}$ is far enough from the sample boundaries.

We now admit that Eq. (A5) for the correlation function of Langevin currents at $\nu \neq 0$ in a nonlinear medium has a form similar to Eq. (3) for Langevin currents in a linear medium. This allows us to proceed with analysis of Eq. (A1) in the same way as it was done for Eq. (2) in the linear medium [15]. To simplify further calculations, we assume that the disordered sample has open boundaries (i.e., the multiple-scattered waves leave the sample when they reach the boundary), and hence the Green’s function of Eq. (2), $G(\mathbf{r}, \mathbf{r}_1; \Delta t)$, can be approximately written as

\[ G_0(\mathbf{r}, \mathbf{r}_1; \Delta t) \exp(-\Omega_0 \Delta t), \]

where $G_0(\mathbf{r}, \mathbf{r}_1; \Delta t) = (4\pi \Delta t)^{-3/2}\exp[-|\mathbf{r}-\mathbf{r}_1|^2/(4\Delta t)]$ is the Green’s function in the infinite medium, $\exp(-\Omega_0 \Delta t)$ describes the leakage of the wave through the sample boundaries, and $\Omega_0 = D/L^2$. We now write the solution of Eq. (A1) as

\[ \delta I(\mathbf{r}, \nu) = -\int_V d^3\mathbf{r}' G(\mathbf{r}, \mathbf{r}'; \nu)[\nabla \cdot \mathbf{j}_{ext}(\mathbf{r}', \nu)] \]

\[ = \int_V d^3\mathbf{r}'[\nabla G(\mathbf{r}, \mathbf{r}'; \nu) \cdot \mathbf{j}_{ext}(\mathbf{r}', \nu)], \quad (A7) \]

where the second line is obtained as a result of integration by parts, assuming $G(\mathbf{r}, \mathbf{r}'; \nu)|_{\mathbf{r}' = \mathbf{r}_1} = 0$ at the boundary of the disordered sample. Multiplying Eq. (A7) by a similar equation for $\delta I^*(\mathbf{r}_1, \nu)$, performing the averaging over disorder using Eq. (A5), and carrying out the necessary integrations, we obtain

\[ \langle \delta I(\mathbf{r}, \nu) \delta I^*(\mathbf{r}_1, \nu) \rangle \]

\[ = A(\nu) \left[ \text{Re}G(\mathbf{r}, \mathbf{r}_1; \nu) - \frac{\text{Im} \nu}{\Omega} \text{Im}G(\mathbf{r}, \mathbf{r}_1; \nu) \right]. \quad (A8) \]

Substituting Eq. (A8) into Eq. (A6), dividing both sides of the resulting equation by $A(\nu) \neq 0$, recalling that $\nu = \Omega - i\Lambda$, and performing a change of variables $\mathbf{R} = [\Omega/(2D)]^{1/2}\mathbf{r}$ (and similarly for $\mathbf{r}'$ and $\mathbf{r}_1$), we obtain

\[ 1 = C_1 \Delta n^2(L/l)^3 h(\mathbf{R}, \Omega/\Omega_D, \Lambda/\Omega_D), \quad (A9) \]

where $C_1$ is a numerical constant, $\Delta n = (e_2/2)I_0$, and the dimensionless function $h$ is defined as

\[ h(\mathbf{R}, \Omega/\Omega_D, \Lambda/\Omega_D) = (\Omega_D/\Omega)^{3/2} \int d^3\mathbf{R}' \int d^3\mathbf{R}_1' \left[ \mathcal{G}(\mathbf{R}', \mathbf{R}_1'; \gamma) \mathcal{G}_1^*(\mathbf{R}_1', \mathbf{R}; \gamma) \right. \]

\[ + \mathcal{G}^*(\mathbf{R}_1', \mathbf{R}_1'; \gamma) \mathcal{G}_1(\mathbf{R}', \mathbf{R}_1; \gamma) - \mathcal{G}(\mathbf{R}', \mathbf{R}_1; \gamma) \mathcal{G}^*(\mathbf{R}_1', \mathbf{R}; \gamma) \left. \right] \text{Re} \mathcal{G}(\mathbf{R}', \mathbf{R}_1'; \gamma) + \frac{\Lambda}{\Omega} \text{Im} \mathcal{G}(\mathbf{R}', \mathbf{R}_1'; \gamma). \quad (A10) \]

\[ F(\Omega/\Omega_D, \Lambda/\Omega_D) = h(0,0,0)/h(0,\Omega/\Omega_D, \Lambda/\Omega_D) \]

and introducing the effective nonlinearity parameter $p = \Delta n^2(L/l)^3$, we rewrite Eq. (A9) as

\[ p = C_2 F(\Omega/\Omega_D, \Lambda/\Omega_D), \quad (A15) \]

where $C_2$ is a numerical factor of order unity. Since we have already made some approximations that affect the final result by a numerical factor of order unity (e.g., we replaced $\langle I(\mathbf{r}) \rangle$ by $I_0$), we omit $C_2$ in Eq. (A15) and obtain Eq. (7) of the main text. Most of integrations in Eq. (A10) can be performed analytically, while the remaining integrations are easily carried out numerically, allowing us to determine the value of $\Lambda$ for given $p$, $\Omega_D$, and $\Omega$ from Eq. (A15).

An important comment is in order in connection with Eq. (A15) and the analysis it results from. The correlation function of intensity fluctuations $\langle \delta I(\mathbf{r}, \nu) \delta I^*(\mathbf{r}_1, \nu) \rangle$ entering into Eqs. (A3) and (A6) contains, in principle, not only the long-range contribution given by Eq. (A8), but also a
short-range one $\langle \delta I(\mathbf{r}, \nu) \delta I^*(\mathbf{r}_1, \nu) \rangle \sim (l/k_0^2)\int_0^2 \delta(\mathbf{r} - \mathbf{r}_1)$. The latter contribution has been neglected in our analysis, which is justified for large enough sample size ($L/l \gg k_0 l$) and moderate frequency $\Omega \ll \Omega_D (L/(k_0 l^2))^2$. If one of the above inequalities is violated, the roles played by the short- and long-range contributions to the correlation function of intensity fluctuations in development of the instability become comparable, and the above analysis is no longer valid.